

# Change your Zoom background on the desktop app

1. In the Zoom app, click your profile in the top right corner, and click **Settings**.
2. On the menu to the left, click **Virtual Background**.
3. If you want to upload a photo to use as your background, click the **+** icon next to where it says **Choose Virtual Background**. A box will pop up allowing you to upload a photo from your computer. Click on the one you want, and it will appear alongside the other pictures as an option for you to choose from.

# Change your Zoom background on the mobile app

1. When you log into your account and join a meeting, tap the three dots at the bottom right of the screen to open the **More** menu.
2. Tap **Virtual Background**.
3. Select a background from the default options, or upload your own.